

# Basic Medical Weight Loss Techniques

## Course Overview

### Evaluation of the Obese Patient

What is different about a workup of an obese/overweight patient? Learn about the critical lab data needed to determine the right course of action for these patients.



### Obesity and Co-Morbid Conditions

Identify and manage metabolic disorders including type 2 diabetes, metabolic syndrome, depression and other conditions that impair weight loss.

### Dietary Treatment

A discussion of current thoughts on nutrition and the dietetic exchange system. Includes a review of pyramid systems and their flaws, fad diets and why they usually fail, reputable formula diets, and vitamin and mineral supplements.

### Pharmacotherapy for the Obese Patient

Discussion of the pharmacology of currently available and emerging medications. Includes a review of drug interactions including Xenical, Ephedra and Metformin.

### Behavioral Basics

A comprehensive weight loss program includes behavior modification. What techniques are most successful and how are they implemented?

### Starting a Practice: The Business of Bariatric Medicine

What are the essentials in starting a bariatric practice? Obtain information on office and practice development, staff training, patient recruitment, commonly asked questions, and other essentials of a bariatric practice.

## Course Information

### Where:

**May 1: Hartford / Windsor Marriott Airport**  
28 Day Hill Road, Windsor, CT 06095  
Phone: 860.688.7500

**September 25: Pittsburgh Airport Marriott**  
777 Aten Road, Caraopolis, PA 15108  
Phone: 412.788.8800

**October 9: San Antonio Marriott Northwest**  
3233 NW Loop 410, San Antonio, TX 78213  
Phone: 210.377.3900

### Time:

7:30 - 8:15 am ..... Registration  
8:15 am - 4:30 pm ..... Course including lunch

### CME:

The ASBP designates this educational activity for a maximum of 7 *AMA PRA Category 1 credits*<sup>™</sup>. This activity has been reviewed and is acceptable for up to 7 Prescribed credits by the American Academy of Family Physicians. This program has been approved for 7 hours of AOA Category 2-A.

### Fee:

\$199.00 ..... Register by April 28 / Sept 22 / Oct 6  
\$225.00 ..... Register April 29 - May 1 / Sept 23-25 / Oct 7-9  
Second person from same office registers for \$169.00.

*Note: A \$50 cancellation fee will be charged if notice is received prior to the Tuesday before the course. No refunds thereafter, and no refunds for no-shows.*

### Faculty: Two of the following at each program.

**David Bryman, DO** - American Board of Bariatric Medicine Board Member  
**William McCarthy, MD** - ASBP Board Member  
**Erin Snyder, MD, FAAFP** - ASBP Board Member  
**Mary Vernon, MD, FAAFP, CMD, FASBP** - former ASBP Chairman of the Board

## Registration Form

**Upcoming 2010 Courses:**    **Hartford - May 1**    **Pittsburgh - September 25**    **San Antonio - October 9**

**Registration Options:** *Each attendee must complete a separate form.*

- 1. Online:** Visit [www.asbp.org](http://www.asbp.org).
- 2. Mail:** Complete form and return with payment to: ASBP, 2821 S. Parker Road, Ste. 625, Aurora, CO 80014.
- 3. Phone/Fax:** Complete form; call 303.770.2526 with credit card, or fax to 303.779.4834.

Registrant's name: .....

Designation (to appear on name badge): .....

Address: .....City, State, Zip: .....

Phone: ..... Email: .....

### Payment Information

Check enclosed (make payable to ASBP) OR charge my:    Visa    MasterCard    Am. Express    Discover

Card Number: ..... Expiration Date: .....

Signature: .....